

Wave	Lane	StartNo	StartTime	Bib	Contest	LastName	FirstName	Sex	Club
2	4	1	18:20:00	28	Individual	Biggin	Frances	Female	Kendal Tri Club
2	2	1	18:20:00	22	Individual	Board	Jon	Male	
1	6	1	18:00:00	16	Relay Team A	Bowie/ Cunningham	Cameron	Male	
1	6	3	18:00:20	18	Individual	Bullough	Kelly	Female	
2	4	3	18:20:20	30	Individual	Burns	Danny	Male	Ulverston Triathlon Club
1	3	3	18:00:20	9	Individual	Butterworth	Simon	Male	Kendal Tri Club
2	3	1	18:20:00	25	Individual	Catlow	Ivan	Male	
2	1	2	18:20:10	20	Individual	Chadwick	Ruth	Female	
2	1	3	18:20:20	21	Individual	Clancy	Sarah	Female	Rosendale Triathlon Club
1	1	3	18:00:20	3	Individual	Cook	Sara	Female	Dallam Running Club
2	1	1	18:20:00	19	Individual	Coombs	Honor	Female	Kendal Tri Club
3	5	1	18:40:00	49	Individual	Flanagan	Dan	Male	
1	2	1	18:00:00	4	Individual	Foster	Mel	Female	
2	6	3	18:20:20	36	Individual	Goodwin-Jones	Emma	Female	I dont belong to a club
3	4	1	18:40:00	46	Individual	Gordon	Holly	Female	Ambleside AC
2	3	2	18:20:10	26	Individual	Hall	Helen	Female	
1	5	1	18:00:00	13	Individual	Harrison	Tiffany	Female	
3	2	2	18:40:10	41	Individual	Hodgson	Ben	Male	Kendal Tri Club
1	5	3	18:00:20	15	Individual	Holden	Melissa	Female	
2	2	2	18:20:10	23	Individual	Houghton	Lynette	Female	
3	3	2	18:40:10	44	Individual	Houghton	George	Male	
3	2	3	18:40:20	42	Individual	Howard	Samantha	Female	Mersey Tri
3	3	1	18:40:00	43	Individual	Hummerston	Megan	Female	
3	4	3	18:40:20	48	Individual	Keating	Steve	Male	
3	5	3	18:40:20	51	Individual	Keating	Lorena	Female	
2	5	3	18:20:20	33	Individual	Kelly	Andrea	Female	
2	5	2	18:20:10	32	Individual	Kendrick	Ann	Female	
1	1	1	18:00:00	1	Individual	Kieser	Ellen	Female	
2	2	3	18:20:20	24	Individual	Kincaid	Duncan	Male	
3	4	2	18:40:10	47	Individual	King	Madeleine	Female	Kendal Tri Club Juniors
3	2	1	18:40:00	40	Individual	Lisle	Michael	Male	Mersey Tri
3	5	2	18:40:10	50	Individual	Molloy	Nicola	Female	

1	2	2	18:00:10	5	Individual	Moss	Terry	Male	
1	4	2	18:00:10	11	Individual	Neal	Lesley	Female	None
1	2	3	18:00:20	6	Individual	Newell	David	Male	
2	4	2	18:20:10	29	Individual	Paterson	Blair	Male	Manchester Frontrunners
3	1	3	18:40:20	39	Individual	Quartermain	David	Male	
1	3	2	18:00:10	8	Individual	Queen	Vanessa	Female	
1	3	1	18:00:00	7	Individual	Raynor	David	Male	Red Rose Road Runners
1	5	2	18:00:10	14	Individual	Schofield	Heather	Female	Rosendale Triathlon Club
2	6	1	18:20:00	34	Individual	Scott	Dan	Male	
2	5	1	18:20:00	31	Individual	Smith	Karen	Female	Rosendale Triathlon Club
3	3	3	18:40:20	45	Individual	Sugden	Carl	Male	
1	6	2	18:00:10	17	Relay Team B	Sugden / Sugden	Claire	Female	
2	6	2	18:20:10	35	Individual	Swainson	Mark	Male	Ulverston Triathlon Club
1	1	2	18:00:10	2	Individual	Taylor	Gemma	Female	
2	3	3	18:20:20	27	Individual	Taylor	Helen	Female	Eden Valley Tri (formerly Arragons)
3	1	1	18:40:00	37	Individual	Williams	Laura	Female	Ulverston Triathlon Club
1	4	3	18:00:20	12	Individual	Wren	Laura	Female	
3	1	2	18:40:10	38	Individual	Wroe	Dacre	Male	
1	4	1	18:00:00	10	Individual	Yates	Greg	Male	CrossFit Leyland
3	6	1	18:40:00	52					
3	6	2	18:40:10	53					
3	6	3	18:40:20	54					