

Bib	StartTime	Heat	Lane	LastName	FirstName	Contest	Sex
116	08:15:00	6	3	Allam	Mike	Individual	M
161	08:45:30	8	2	Anderson	Sam	Individual	M
37	07:15:00	2	4	Armstrong	Isla	Individual	F
117	08:15:10	6	3	Ashton	Marc	Individual	M
143	08:30:30	7	3	Ashton	Chris	Individual	M
7	07:00:20	1	2	Atkinson	Laura	Individual	F
48	07:15:30	2	6	Atkinson	Charlotte	Individual	F
186	09:00:30	9	3	Atkinson	Anthony	Individual	M
75	07:45:20	4	1	Bailey	Tracy	Individual	F
205	09:15:20	10	2	Bailey	Joshua	Individual	M
98	08:00:20	5	4	Bamber	Frank	Individual	M
3	07:00:20	1	1	Barnes	Karen	Individual	F
118	08:15:20	6	3	Barnes	Nathan	Individual	M
147	08:30:30	7	4	Barnes	Simon	Individual	M
80	07:45:00	4	3	Barton	Kelly	Individual	F
107	08:00:30	5	6	Beardsworth	Ryan	Individual	M
99	08:00:30	5	4	Bebbington	Jez	Individual	M
119	08:15:30	6	3	Bell	David	Individual	M
2	07:00:10	1	1	Bennett	Lynda	Individual	F
41	07:15:00	2	5	Bird	Zoë	Individual	F
71	07:30:20	3	6	Bird	Helen	Individual	F
13	07:00:00	1	4	Birkett	Wendy	Individual	F
51	07:30:20	3	1	Blackmore	Sally	Individual	F
176	08:45:20	8	6	Borrett	Graham	Individual	M
199	09:15:00	10	1	Boyle	Dave	Individual	M
23	07:00:20	1	6	Bradbury	Sally	Individual	F
52	07:30:30	3	1	Bradshaw	Hannah	Individual	F
108	08:15:00	6	1	Bradshaw	Scott	Individual	M
14	07:00:10	1	4	Brotherton	Sarah	Individual	F
190	09:00:30	9	4	Brown	Connaire	Individual	M
164	08:45:20	8	3	Brunskill	Adam	Individual	M
187	09:00:00	9	4	Burns	Richard	Individual	M
120	08:15:00	6	4	Butler	Andrew	Individual	M
45	07:15:00	2	6	Byrne	Kerry	Individual	F
115	08:15:30	6	2	Callaghan	Liam	Individual	M
121	08:15:10	6	4	Carney	Adam	Individual	M
158	08:45:20	8	1	Casson	Sean	Relay Team	Mixed
70	07:30:10	3	6	Caygill	Nina	Individual	F
122	08:15:20	6	4	Chapman	Matthew	Individual	M
6	07:00:10	1	2	Clarke	Suzie	Individual	F
76	07:45:30	4	1	Clarke	Liisa	Individual	F
141	08:30:10	7	3	Clarke	Sean	Individual	M
152	08:30:00	7	6	Clegg	Adam	Individual	M
138	08:30:20	7	2	Cook	Nick	Individual	M
15	07:00:20	1	4	Cooper	Emily	Individual	F
109	08:15:10	6	1	Corner	David	Individual	M
136	08:30:00	7	2	Cornhill	James	Individual	M
151	08:30:30	7	5	Cox	Christopher	Individual	M
11	07:00:20	1	3	Crawshaw	Cynthia	Individual	F

148	08:30:00	7	5	Cubin	Phil	Individual	M
46	07:15:10	2	6	Davies	Tillie	Individual	F
123	08:15:30	6	4	Davies	Jonny	Individual	M
89	08:00:10	5	2	Deeley	James	Individual	M
149	08:30:10	7	5	Dexter	Chris	Individual	M
53	07:30:00	3	2	Dickinson	Lara	Individual	F
179	09:00:00	9	2	Dickinson	Marc	Individual	M
180	09:00:10	9	2	Dickinson	Ross	Individual	M
55	07:30:20	3	2	Dickinson-Carr	Emma	Individual	F
162	08:45:00	8	3	Doddrell	James	Individual	M
177	08:45:30	8	6	Doig	Ian	Individual	M
65	07:30:00	3	5	Duncan	Margaret	Individual	F
24	07:00:30	1	6	Dunlop	Trish	Individual	F
145	08:30:10	7	4	Eccles	Jordan	Individual	M
5	07:00:00	1	2	Edmondson	Sheila	Individual	F
66	07:30:10	3	5	Edwards	Sophie	Individual	F
90	08:00:20	5	2	Faulder	Lewis	Individual	M
188	09:00:10	9	4	Fawcett	Gary	Individual	M
124	08:15:00	6	5	Fenton	Paul	Individual	M
173	08:45:30	8	5	Fielden-Watkinson	Richard	Individual	M
125	08:15:10	6	5	Fox	Andrew	Individual	M
150	08:30:20	7	5	Fryer	Daniel	Individual	M
69	07:30:00	3	6	Geal	Kate	Individual	F
56	07:30:30	3	2	Gibson	Rachael	Individual	F
91	08:00:30	5	2	Gilson	Jamie	Individual	M
153	08:30:10	7	6	Graves	Liam	Individual	M
208	09:15:10	10	3	Greene	Ben	Individual	M
79	07:45:20	4	2	Griffin	Ellie	Individual	F
171	08:45:10	8	5	Haines	Arron	Individual	M
4	07:00:30	1	1	Hall	Jade	Individual	F
172	08:45:20	8	5	Hall	Robert	Individual	M
166	08:45:00	8	4	Hanley	Matt	Individual	M
154	08:30:20	7	6	Harnett	Dean	Individual	M
77	07:45:00	4	2	Hatch	Victoria	Individual	F
203	09:15:00	10	2	Head	Mark	Individual	M
33	07:15:00	2	3	Hepworth	Juliet	Individual	F
47	07:15:20	2	6	Heys	Stephanie	Individual	F
16	07:00:30	1	4	Hickmott	Janice	Individual	F
204	09:15:10	10	2	Hind	Daniel	Individual	M
174	08:45:00	8	6	Hinsley	Richard	Individual	M
49	07:30:00	3	1	Hoggarth	Beth	Individual	F
35	07:15:20	2	3	Holden	Melissa	Individual	F
25	07:15:00	2	1	Hollister	Sarah	Individual	F
57	07:30:00	3	3	Hooper	Cathy	Individual	F
200	09:15:10	10	1	Hopkins	Mark	Individual	M
9	07:00:00	1	3	Hornby	Charlotte	Individual	F
10	07:00:10	1	3	Hornby	Nicola	Individual	F
	08:45:30	8	1	Houston	Rachael	Relay Team	Mixed
163	08:45:10	8	3	Jay	Noah	Individual	M
58	07:30:10	3	3	Jeal	Yvette	Individual	F

12	07:00:30	1	3	Johnson	Lucy	Individual	F
26	07:15:10	2	1	Johnson	Susan	Individual	F
144	08:30:00	7	4	Johnson	Peter	Individual	M
167	08:45:10	8	4	Johnson	Andy	Individual	M
175	08:45:10	8	6	Johnson	David	Individual	M
209	09:15:20	10	3	Johnson	James	Individual	M
17	07:00:00	1	5	Jones	Jac	Individual	F
96	08:00:00	5	4	Jones	Philip Ferguson	Individual	M
18	07:00:10	1	5	Kanchenski	Kelly	Individual	F
100	08:00:00	5	5	Kerr	Craig	Individual	M
72	07:30:30	3	6	King	Nicola	Individual	F
82	07:45:00	4	5	Lamden	Bruce	Individual	M
181	09:00:20	9	2	Leighton	Dominic	Individual	M
34	07:15:10	2	3	Libby	Jill	Individual	F
155	08:30:30	7	6	Libby	Stephen	Individual	M
111	08:15:30	6	1	Lingard	Scott	Individual	M
84	08:00:00	5	1	Livesey	Peter	Individual	M
63	07:30:20	3	4	Longrigg	Alex	Individual	F
126	08:15:20	6	5	Loveland	Matt	Individual	M
42	07:15:10	2	5	Ludolf	Catherine	Individual	F
193	09:00:20	9	5	Marrs	Paddy	Individual	M
192	09:00:10	9	5	Marsh	Stephen	Individual	M
112	08:15:00	6	2	Marsland	Luke	Individual	M
54	07:30:10	3	2	Martin	Clair	Individual	F
168	08:45:20	8	4	Martin	James	Individual	M
207	09:15:00	10	3	Martin	Glenn	Individual	M
196	09:00:10	9	6	Masters	Joseph	Individual	M
83	07:45:00	4	6	Maynard	Diana	Individual	F
127	08:15:30	6	5	McDonald	Richard	Individual	M
27	07:15:20	2	1	Mckenzie	Joanne	Individual	F
44	07:15:30	2	5	Mcknight	Rachel	Individual	F
128	08:15:00	6	6	Mclarnon	Adam	Individual	M
156	08:45:00	8	1	Melia	Michael	Individual	M
159	08:45:10	8	2	Metcalfe	Kevin	Individual	M
59	07:30:20	3	3	Miller	Laura	Individual	F
129	08:15:10	6	6	Minshull	Andrew	Individual	M
64	07:30:30	3	4	Monighan	Laura	Individual	F
92	08:00:00	5	3	Moore	Ross	Individual	M
28	07:15:30	2	1	Morris	Naomi	Individual	F
86	08:00:20	5	1	Moss	Terry	Individual	M
1	07:00:00	1	1	Mulholland	Zara	Individual	F
87	08:00:30	5	1	Munro	Luke	Individual	M
135	08:30:30	7	1	Murt	Anthony	Individual	M
130	08:15:20	6	6	Mutton	James	Individual	M
110	08:15:20	6	1	Newell	David	Individual	M
88	08:00:00	5	2	Noble	James	Individual	M
103	08:00:30	5	5	Oakley	Joseph	Individual	M
194	09:00:30	9	5	O'Connor	Stuart	Individual	M
113	08:15:10	6	2	O'Flynn	Richard	Individual	M
169	08:45:30	8	4	Parsons	Dave	Individual	M

139	08:30:30	7	2	Payne	Simon	Individual	M
197	09:00:20	9	6	Payton	Brian	Individual	M
182	09:00:30	9	2	Pedley	Jack	Individual	M
93	08:00:10	5	3	Pemberton	Chris	Individual	M
104	08:00:00	5	6	Pilkington	James	Individual	M
81	07:45:00	4	4	Pimperton	Liz	Individual	F
43	07:15:20	2	5	Pollard	Kath	Individual	F
29	07:15:00	2	2	Powell	Kitsty	Individual	F
85	08:00:10	5	1	Procter	Jonathan-Jp	Individual	M
170	08:45:00	8	5	Procter	Leigh	Individual	M
30	07:15:10	2	2	Queen	Vanessa	Individual	F
20	07:00:30	1	5	Quince	Sharon	Individual	F
105	08:00:10	5	6	Quint	Martin	Individual	M
8	07:00:30	1	2	Raine	Natalie	Individual	F
191	09:00:00	9	5	Ramage	Alan	Individual	M
106	08:00:20	5	6	Rank	Oliver	Individual	M
36	07:15:30	2	3	Reedy	Jane	Individual	F
21	07:00:00	1	6	Reynolds	Elanor	Individual	F
50	07:30:10	3	1	Richards	Jennifer	Individual	F
68	07:30:30	3	5	Richards	Bethan	Individual	F
183	09:00:00	9	3	Richards	Howard	Individual	M
140	08:30:00	7	3	Richardson	Gazza	Individual	M
165	08:45:30	8	3	Rivett	Colin	Individual	M
131	08:15:30	6	6	Robinson	Michael	Individual	M
178	09:00:00	9	1	Roche	Matthew	Individual	M
102	08:00:20	5	5	Roe	Tim	Individual	M
94	08:00:20	5	3	Roger	John	Individual	M
22	07:00:10	1	6	Rogers	Charlotte	Individual	F
97	08:00:10	5	4	Rowlinson	Andy	Individual	M
195	09:00:00	9	6	Rutherford	Jason	Individual	M
189	09:00:20	9	4	Scott	Dan	Individual	M
31	07:15:20	2	2	Sherry	Viv	Individual	F
132	08:30:00	7	1	Smith	Paul	Individual	M
39	07:15:20	2	4	Southwood	Tina	Individual	F
185	09:00:20	9	3	Spencer	Tom	Individual	M
184	09:00:10	9	3	Stewart	Ewan	Individual	M
95	08:00:30	5	3	Strang	Calum	Individual	M
133	08:30:10	7	1	Stretton	Christian	Individual	M
101	08:00:10	5	5	Sullivan	Liam	Individual	M
160	08:45:20	8	2	Sylvester	Luke	Individual	M
32	07:15:30	2	2	Tattersall	Laura	Individual	F
60	07:30:30	3	3	Taylor	Helen	Individual	F
134	08:30:20	7	1	Taylor	Joe	Individual	M
146	08:30:20	7	4	Taylor	Lee	Individual	M
198	09:00:30	9	6	Thomas	Adam	Individual	M
206	09:15:30	10	2	Thomas	Ben	Individual	M
61	07:30:00	3	4	Thompson	Victoria	Individual	F
142	08:30:20	7	3	Thwaite	John	Individual	M
73	07:45:00	4	1	Toppin	Suzanne	Individual	F
114	08:15:20	6	2	Topping	Stephen	Individual	M

74	07:45:10	4	1	Towers	Georgina	Individual	F
38	07:15:10	2	4	Trippitt	Angie	Individual	F
	08:45:00	8	2	Turner	Diane	Relay Team	Mixed
157	08:45:10	8	1	Walker	Luke	Individual	M
201	09:15:20	10	1	Walkington	Patrick	Individual	M
40	07:15:30	2	4	Watson	Elizabeth	Individual	F
78	07:45:10	4	2	Whiting	Fiona	Individual	F
202	09:15:30	10	1	Wilcox	Adam	Individual	M
67	07:30:20	3	5	Williams	Laura	Individual	F
62	07:30:10	3	4	Winter	Viv	Individual	F
19	07:00:20	1	5	Wood	Catherine	Individual	F
137	08:30:10	7	2	Young	Matty	Individual	M
	07:45:30	4	2				
	07:45:10	4	3				
	07:45:20	4	3				
	07:45:30	4	3				
	07:45:10	4	4				
	07:45:20	4	4				
	07:45:30	4	4				
	07:45:10	4	5				
	07:45:20	4	5				
	07:45:30	4	5				
	07:45:10	4	6				
	07:45:20	4	6				
	07:45:30	4	6				
	09:00:10	9	1				
	09:00:20	9	1				
	09:00:30	9	1				

Club
Ulverston Triathlon Club
Form 360
COLT
Vision Of Adventure
Invictus Triathlon Club
Invictus Triathlon Club
Performance Tri Coaching
Tri-Lakeland
Splash, crash and nash
COLT
Mersey Tri
Splash, crash and nash
Kendal Tri Club
Dewsbury Road Runners
Team of tri-ers
Eden Valley Tri (formerly Arragons)
Form 360
Just4Fun

Ulverston Triathlon Club
Dewsbury Road Runners
Form 360
Pennington Pacers
Chorley Athletic and Triathlon Club
Chorley Athletic and Triathlon Club
Sheffield Triathlon Club
Tri-Lakeland
Kendal Tri Club
Splash, crash and nash
Kendal Tri Club
Chorley Athletic and Triathlon Club
Altrincham & District Athletics Club
York Tri Club
Arron Haines
Splash, crash and nash
scarab tri
COLT
Kendal Tri Club
Sun city tri
COLT
Kendal Tri Club
Tri-Lakeland
Team of tri-ers
COLT
Bolton Tri Club

Payne
Tri-Lakeland
Performance Tri Coaching
Vision Of Adventure
COLT
Sun city tri
Splash, crash and nash
West Lothian Triathlon
Ambleside AC
Giant Store Kendal
Tri-Lakeland
Helm Hill
Tri Preston
Tri-Lakeland
Grangemouth Triathlon Club
Just4Fun
Team Pie
Sun city tri
Kendal Tri Club
Helm Hill
Team Mountain Fuel

