

Bib	StartTime	Lane	Heat	LastName	FirstName	Club
39	08:20:00	6	2	Abbott	Samuel	
56	08:40:00	5	3	Ashall	Chris	Tricademy
35	08:20:00	5	2	Ashworth	James	
12	08:00:30	3	1	Aspray	Kate	
49	08:40:10	3	3	Atkinson	Bob	Ulverston tri club
4	08:00:30	1	1	Barnes	Karen	Kendal Tri Club
9	08:00:00	3	1	Barracloug	Maggie	Pickering running club
45	08:40:10	2	3	Baxendale	Tom	
7	08:00:20	2	1	Burton	Melanie	
27	08:20:00	3	2	Clements	David	
50	08:40:20	3	3	Concha	Jose	
34	08:20:30	4	2	Daly	Steve	
1	08:00:00	1	1	Edmondson	Sheila	
13	08:00:00	4	1	Ellerton	Becky	
29	08:20:20	3	2	Feathersto	Tim	Derwent Valley Trial
54	08:40:20	4	3	Fitzgerald	Daire	Tricademy
3	08:00:20	1	1	French	Natalie	
21	08:00:00	6	1	Gardner	Megan	Total Tri Training
8	08:00:30	2	1	Gillings	Jade	Pickering running club
22	08:00:10	6	1	Hatch	Victoria	Kendal Tri Club
44	08:40:00	2	3	Hirst	Matthew	
51	08:40:30	3	3	Hodgson	Ben	Kendal Tri Club
30	08:20:30	3	2	Hunt	Peter	
17	08:00:00	5	1	Jackson-	Katie	Helm Hill
57	08:40:10	5	3	Johnson	James	Kendal Tri Club
52	08:40:00	4	3	Kelsall	Tom	
23	08:00:20	6	1	King	Nicola	
26	08:20:00	2	2	Lamden	Bruce	Vision Of Adventure
36	08:20:10	5	2	Leighton	Dominic	
40	08:20:10	6	2	Macfarlane	Paul	Helm Hill
5	08:00:00	2	1	Mann	Claire-	
38	08:20:30	5	2	Marshall	Paul	
25	08:20:00	1	2	Maynard	Diana	Vision Of Adventure
14	08:00:10	4	1	Mckenzie	Joanne	Carlisle Tri Club
47	08:40:30	2	3	Moon	David	Carlisle Tri Club
32	08:20:10	4	2	Mycock	David	
2	08:00:10	1	1	O'Connor	Lindsay	Off that Couch Fitness
16	08:00:30	4	1	Oliver	Amy	Helm Hill
55	08:40:30	4	3	Payton	Brian	Tri-Lakeland
41	08:20:20	6	2	Perrin	Adam	
20	08:00:30	5	1	Queen	Vanessa	
31	08:20:00	4	2	Rawlins	Mike	
42	08:20:30	6	2	Ridley	Stephen	Derwent Valley Trial
10	08:00:10	3	1	Roberts	Rosemary	COLT
43	08:40:00	1	3	Roche	Matthew	
46	08:40:20	2	3	Row	Tim	Kendal Tri Club
48	08:40:00	3	3	Scott	Dan	
11	08:00:20	3	1	Sherratt	Sarah	
53	08:40:10	4	3	Siddoway	Jack	Derwent Valley Trial
37	08:20:20	5	2	Soulby	Mike	
18	08:00:10	5	1	Stansfield	Kerry	
19	08:00:20	5	1	Tattersall	Laura	
28	08:20:10	3	2	Verrall	Nick	Nick verrall
6	08:00:10	2	1	Viccars	Becky	
33	08:20:20	4	2	Wilson	Mark	
15	08:00:20	4	1	Wroe	Jenny	Drum Nation
24	08:00:30	6	1			